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Clients on psychotropic medications are welcome

Clients on opiod maintenance: e.g. suboxone or methadone are not accepted.



Addiction is a spiritual disease. Where is your "spirituality" coming from?



Gateway Recovery Systems



Residential Treatment Of Addiction For Adult Males *"Addiction is a love, trust relationship with an object or event"* Craig Naaken

### **Our Mission**

Gateway provides 12-Step based treatment for adult males who are struggling with various addictions. Often the addiction is made worse by co-occurring mental health issues.

Most of the Gateway counseling staff are recovering addicts themselves who can relate personally to the unique problems of denial and guilt that accompany addiction They are all certified by the State of Louisiana and work under the direction of a Licensed Addiction Counselor. Our staff includes Certified Co-occurring Disorder Professionals.

Gateway is licensed by the Louisiana Department of Health and Hospitals to operate an Intensive Outpatient Program (IOP) in a residential environment.



#### MINNESOTA MODEL

#### Philosophy

The philosophy of the Minnesota Model, used by Gateway, is based on Alcoholics Anonymous (AA)

#### **Goals & Objective:**

The primary goal is lifetime abstinence from alcohol and other mood-altering chemicals and improved quality of life. This goal is achieve by applying the principles of the 12-step philosophy, which includes frequent meetings with other recovery people and changes in daily behaviors. The ultimate goal is personality change or change in basic thinking, feeling, and acting in the world. Within the model, this change is referred to as a spiritual experience.

#### **Mechanism of Action**

This approach works by changing an addict's belief and his relationship to others and to self. This changed perspective occurs by attending meetings, by self-reflection, and by learning new coping skills. Through this process, the client's understanding about himself in relationship to the self and to others is transformed.

#### Agent of Change

The main agent of change is group affiliation and practice of behaviors consistent with the group and provide opportunities for practicing behavior changes.

Patricia Owens, PhD National Institute on Drug Abuse

## Admission

#### **Commercial Insurance**

Have your EAP/Insurance Company contact Value Options for a referral

#### **Private Pay:**

Cost for a 42-50 day Intensive Treatment is \$ 5,500.00. (Payable in Advance)

Included: Treatment, counseling, room and board, coordination and transportation to outside 12 step meetings, medical and psychiatric providers, 12 step spirituality groups, drug testing and family counseling.

# Community

"a group of individuals who have learned how to communicate honestly with each other, whose relationships go deeper than their 'masks of composure', and who have developed some significant commitment to rejoice together, mourn together, to delight in each other and make others' conditions their own." M. Scott Peck



