



Intensive Residential Treatment for Addiction



Cocaine Alcohol Marijuana
 Food religion
 Crack Downers Uppers
 SEX Heroin/morphine
 Relationships



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“Addiction is a love,
trust relationship
with an object or event”

Craig Naaken

Our Mission

Gateway provides 12-Step based treatment for clients and families who may be struggling with various addictions. Often the addiction is made worse by co-occurring mental health issues.

The Gateway counseling staff are all recovering addicts themselves who can relate personally to the unique problems of denial and guilt that accompany addiction. They are all certified by the State of Louisiana and work under the direction of a Licensed Addiction Counselor. Our staff is especially equipped to help the dually diagnosed addict.

Gateway is licensed by the Louisiana Department of Health and Hospitals to operate an Intensive Outpatient Program (IOP) in a residential environment.



Our Program

A client can reside at Gateway for a maximum of 100 days. Treatment is divided into three phases.

1. IOP 1: The “*Acceptance*” Phase. Approximately three weeks long. An introduction to the 12 step covering Steps 1, 2 & 3..
2. IOP 2: The “*Conversion*” phase. Also three weeks long. Steps 4 & 5 are studied and the client takes an inventory of his past.

Both IOP 1 & 2 include lectures, education sessions, therapy sessions, 12 step meetings and regular meetings with a certified addiction counselor.

3. OP - Continuing care. Upon completion of the intensive phase above, a client is given the tools to help him remain sober when he transitions to the outside world. Assistance is provided in finding housing and employment. The client may choose to work and remain at Gateway during this period so that he can enjoy a safe environment and save money for housing and transportation. Evening groups, counseling and 12 step meetings are provided.

Admission

Military veterans are treated concurrently by our staff and VA medical center staff resident at our facility. Contact the VA substance abuse program 504.539.5744 for admission.

Clients whose income is less than \$20,000 annually for a single person (for married persons with household the figure is higher) may have services provided by the Louisiana “*Access to Recovery*” (ATR) program at no cost.

ATR 2: A federally funded program for clients in the criminal justice system. Referrals are made through the Pardon and Parole Systems

