

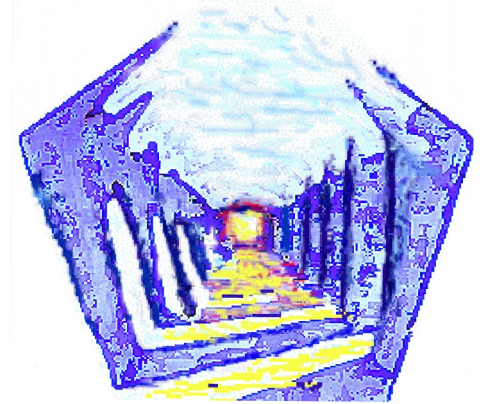
Gateway Recovery Systems



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 www.gatewayrecovery.com

Addiction is a spiritual disease.
Where is your "spirituality" coming from?



Clients on psychotropic medications are welcome

Clients on opiod maintenance: e.g. suboxone or methadone are not accepted.

Cocaine
 Crack
 Alcohol
 SPIRITS
 Relationships
 religion
 Heroin/Opiates
 Marijuana
 Food Work
 Crystal Methamphetamine
 SEX

Domiciliary
Intensive
Outpatient
Program

For Adult Males

“Addiction is a love,
trust relationship
with an object or event”

Craig Naaken

Our Mission

Gateway provides 12-Step based treatment for adult males who are struggling with various addictions. Often the addiction is made worse by co-occurring mental health issues.

Most of the Gateway counseling staff are recovering addicts themselves who can relate personally to the unique problems of denial and guilt that accompany addiction. They are all certified by the State of Louisiana and work under the direction of a Licensed Addiction Counselor. Our staff includes Certified Co-occurring Disorder Professionals.

Gateway is licensed by the Louisiana Department of Health and Hospitals to operate an Intensive Outpatient Program (IOP) in a residential environment.



Our Program

Treatment is divided into two phases:

The Intensive Phase.

This phase is presented each weekday for a total of 30 sessions. Each group is small (12 or less) and facilitated by the client's own counselor. Steps 1 through 5 of the 12 steps are studied and completed. These steps begin with acceptance of the disease of addiction and finish with a conversion or cathartic phase introducing the client to his true self with acceptance and love.

A morning “mediation” and an afternoon education session explain spirituality and give the client insight into the disease of addiction and methods for maintaining his recovery.

Individual counseling sessions are available as needed during the day.

The Continuing Care Phase

Upon completion of the intensive phase, a client is given the tools to help him remain sober when he transitions to the outside world. Assistance can be provided in finding housing and employment. The client may choose to work and remain at Gateway during this period so that he can enjoy a safe environment and save money for housing and transportation.

Additional Activities

- * Twelve Step meetings (AA/NA/CA) are provided on and off-site, with transportation, every evening
- * Client Government activities include cookouts, sports, and special events.

Admission

Gateway provides residential substance abuse treatment to adult males:

1. Veterans: Contact New Orleans VA
504.539.5744
2. Commercial Insurance: Contact your EAP
3. Louisiana “Access to Recovery”
“ATR 1” & “ATR 2”
Annual Income must be less than \$23,000
4. Private Pay : Call 504.368.9935

Community

“a group of individuals who have learned how to communicate honestly with each other, whose relationships go deeper than their 'masks of composure', and who have developed some significant commitment to rejoice together, mourn together, to delight in each other and make others' conditions their own." M. Scott Peck

Gateway is a *therapeutic community*. Many of the miracles described above happen here. Our experience shows that immersion in the recovery process 24/7 enriches the 12 step experience and gives the client a better chance of long-term change.

